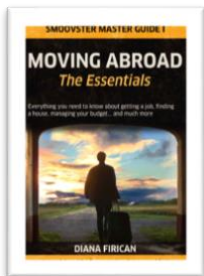




## Beyond the Boxes: Making a New Home

1. Responses: What do you think your biggest challenge will be once you start settling into your new home?
  - Meeting people and making friends
    - [February 2021 Future Expat meetup](#), Making friends as an expat
    - Expat groups
    - Meetups
    - Social opportunities
  - Avoiding isolation
    - Avoiding the “outsider” mentality
    - Online connections with in-person connections
    - Self-patience and flexible goals
  - Managing logistics
    - Finding a job or work ([June 2020 Future Expat meetup](#), Job hunting as an expat)
    - Getting to know your new neighborhood
    - Setting up services (banking, internet, utilities, finding a place to live)
    - <https://www.expatsnetwork.com/renting-abroad-choose-best-option/>
  - Adapting to a new culture
    - Culture shock: Different phases and different expectations
      - Honeymoon, negotiation, and adjustment
      - <https://www.travelinsurancereview.net/2013/07/22/culture-shock-survival-tips/>
      - <https://www.yearon.com/blog/preparing-for-culture-shock>
    - Language learning

### Resource of the month



**Moving Abroad: The Essentials: Everything you need to know about getting a job, finding a house, managing your budget... and much more** by Diana Firican

- Paperback: <https://amzn.to/3d4YrgX>
- Kindle: <https://amzn.to/3wMI7dY>